



Hydrafacial®

Pre-Treatment Instructions for HydraFacial

Discontinue the use of any Isotretinoin products (such as Accutane) for 6 months before treatment - unless you have clearance from a clinician.

Discontinue the use of topical Retin-A or generic tretinoin for at least 48 hours before and after treatment.

Refrain from any type of exfoliating treatment such as glycolic acid or enzymes to the area for 48 hours before and after treatment.

Refrain from any medium and/or deep chemical resurfacing treatments (peels) and laser treatments for 1 month before and after your HydraFacial MD treatment.

Refrain from waxing and use of depilatories for 48 hours before and after treatment.

Discontinue the use of over-the-counter acne medications such as benzoyl peroxide and salicylic acid for 48 hours before and after treatment.

Avoid excessive sun exposure as well as the use of artificial tanning beds for 72 hours before and after treatment. Always wear sunscreen!

Wait 2 weeks after Botox and fillers to undergo treatment. Botox and fillers can be given on the same day but AFTER your HydraFacial MD treatment.

For men, shaving is not recommended on the day of treatment. If you choose to shave, please shave at least 3-4 hours prior to your treatment.

Avoid heat (hot showers, sauna, and intense cardio) for 24 hours after treatment.

If you do not need to apply makeup for the remainder of the day (on the day of your treatment), then wait until the next morning to wash your face.

541-887-8229

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Post-Treatment Instructions for HydraFacial

Hydrafacial™ is the only hydradermabrasion treatment that combines cleansing, extraction, and hydration simultaneously, resulting in clearer, more beautiful skin with no downtime.

The treatments are soothing, moisturizing, non-invasive, and generally non-irritating. As with most treatments, visible results from Hydrafacial will vary from person to person.

What to Expect During and Immediately After Treatment

- Your skin may experience temporary irritation, tightness, or redness. These are all normal reactions that typically resolve within 72 hours depending on skin sensitivity.
- You may experience tingling and stinging during the treatment area. These sensations generally subside within three hours of treatment.
- Client experiences may vary. Some people may experience a delayed onset of the previously mentioned symptoms. Contact us immediately if any unusual side effects occur or if symptoms worsen over time.

You will likely see results immediately after treatment and your skin will feel smooth and hydrated for one to four weeks. For improved, longer-lasting results, consider take-home products and monthly Hydrafacial treatments.

Avoid direct sun exposure and use a minimum of SPF 40 sunscreen for 5-7 days following your facial.

Aggressive exfoliation, waxing, products containing acids and Retinols should be avoided in the treatment area for a minimum of two weeks pre-and post-treatment.

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Keravive- Hair Restoration Pre & Post Treatment Instructions

HydraFacial Keravive is a unique, relaxing treatment designed to cleanse, nourish, and hydrate the scalp for fuller and healthier-looking hair. As with most procedures, visible results from HydraFacial Keravive will vary from person to person

Your scalp may experience temporary irritation, tightness, or redness.

For best results, we recommend patients come to the treatment with clean, dry hair without styling products. The treatment takes approximately 30 minutes, is pain-free and relaxing. You will feel some suction on your scalp and a cooling sensation from the solutions that are administered during the treatment.

Your scalp/hair should be dry 15-20 minutes after the end of the treatment. Do not wash, style, blow dry, or use any styling products until the next day.

We recommend that you avoid coloring or bleaching the hair for 5-7 days post-treatment to avoid any excessive scalp irritation or sensitivity.

Following the in-office treatment, use the HydraFacial Keravive™ take-home spray daily beginning the day following your treatment. Apply 1-2 sprays per area of concern once a day by placing the nozzle directly on the scalp while spraying. After spraying, massage the solution into the scalp for 30-60 seconds. For best results, apply in the evening and allow the solution to remain on the scalp overnight.

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