



Pre and Post Instructions for InvisaRed Laser Treatment

- **Notify your provider of any health and medications changes that may occur following your initial consultation appointment.**
- **Make it to your appointments 2 -3 times per week as scheduled.**
- **Limit Caffeine, Alcohol and Nicotine use.**
- **Treatments cannot be performed over sunburned skin.**
- **Drink 1 8oz bottle of water 1 hour prior to, immediately after and 1 hour after your treatment.**
- **Hydrate, hydrate, hydrate!!!**
- **Take supplements as recommended for optimal results.**
- **Once desired aesthetic goal is achieved, it is recommended to continue maintenance treatments of 1 to 2 times per month.**

826 Main Street, Klamath Falls, OR, 97601

541-887-8229

Almondaesthetic.com